

'A' Program
6.00pm 100 Metres
 Men and Women— All Ages
6.20pm Javelin
 Men and Women— All Ages
6.30pm 3 /5K and 3K walk
 Men and Women—All Ages
6.30pm Long Jump
 Men and Women— All Ages
7.00pm Discus
 Men and Women— All Ages
7.15pm 400m
 Men and Women—All Ages

'B' Program
6.00pm 200 Metres
 Men and Women— All Ages
6.20pm High Jump
 Men and Women— All Ages
6.20pm Discus
 Men and Women – All Ages
6.45pm 1500m/1500m Walk
 Men and Women— All Ages
7.00pm Shotput
 Men and Women— All Ages
7.15pm 100 Metres
 Men and Women— All Ages

'C' Program
6.00pm 800 Metres
 Men and Women— All Ages
6.15pm Hammer Throw
 Men and Women— All Ages
6.30pm Triple Jump
 Men and Women— All Ages
6.45pm 2K run and walk
 Men and Women—All Ages
6.45pm Shot Put
 Men and Women— All Ages
7.15pm 100m
 Men and Women— All Ages

* We are trialing a new program so these events and dates may be subject to change on the night due to time constraints and helpers*

Track and Field Fixture

(VC = Vern Curnow Shield)

OCTOBER 2017

Tue 10	Interclub	Round 1 A	Newborough
Tue 17	Interclub	Round 2 B	Newborough
Tue 24	Interclub	Round 3 C	Newborough
Tue 31	Interclub	NITRO Night	Newborough

NOVEMBER 2017

Tue 14	Interclub	Round 4 A	Newborough
Tue 21	Interclub	Round 5 B	Newborough
Tue 28	Interclub	Round 6 C	Newborough

DECEMBER 2017

Tue 5	Interclub	Round 7 A	Newborough
Tue 12	Interclub	Round 8 B	Newborough
Tue 19	VC Shield	Program 1	Newborough

JANUARY 2018

Tue 2	Interclub	Round 9 C	Newborough
Tue 9	VC Shield	Program 2	Newborough
Tue 16	VC Shield	Program 3	Newborough
Tue 23	Interclub	Round 10 A	Newborough

Fri 26th – Sun 28th Vic Country C/ships, Ballarat

FEBRUARY 2018

Tue 6	Interclub	Round 11 B	Newborough
Tue 13	Interclub	Round 12 C	Newborough
Tue 20	Interclub	Round 13 A	Newborough
Tue 27	Gippsland Pentathlon C/ships		Newborough

MARCH 2018

Sun 18 or 25 Presentation Night, Moe
Mon 19 or 26 AGM Rec. Centre, Newborough



GIPPSLAND ATHLETICS CLUB

11 years of age or older

TRACK AND FIELD

PROGRAM

Tuesdays 6:00pm – 7:30pm

October - February

2017/2018

VENUE

JOE CARMODY ATHLETICS TRACK
 CNR JOHN FIELD DR & OLD SALE RD
NEWBOROUGH

For further information go to:
www.gippslandathletics.com.au
secretary@gippslandathletics.com.au

This program proudly sponsored by:



Inter Club

Age Group Categories:

U14, U16, U18, U20,

Open, Veteran (40+)

Male and Female

Ages as at 31st December 2017

Club Championship Points
awarded for each (max 4) event to

AV registered athletes.

Athletes choose which events to compete in.

Weekly competitions

Gippsland Athletics Members: No fee

Other AV Clubs Entry Fee \$2

Invitation Entry Fee \$2

Athletes are allowed 2 invitations only
and then they require Athletics
Victoria and Club Registration

Vern Curnow Shield will be held over
3 rounds in 2017/18. This is a
Interclub competition between
GPA, SCA, TRH and WEL.

Gippsland *EnergyAustralia* Pentathlon
Championship

27th February 2018 Entry Fee \$10

(Medallions Awarded)

Age as at day of competition.

ALL WELCOME

2017/2018 contacts:

President:

Cheryl Hughes

Ph. 0428 822 540

Secretary:

Janelle McGrail

Ph. 0412 039 277

secretary@gippslandathletics.com.au

Registrar:

Noella Foster

Ph. 5145 6999/0427 347 082

Club website:

www.gippslandathletics.com.au

Facebook:

Search for: Gippsland Athletics

Website hosted by:

Spectrum Productions

<http://www.spectrumhosting.com.au>



Membership

Membership is open to any person
11 years of age or older.

All standards are catered for
from beginners and disabilities
(subject to equipment availability)
to advanced competitors.

The club offers the opportunity
to participate at your own level
whilst encouraging and assisting
your improvement.

Season prices:

Open Age = \$155

Junior Age (11-19) = \$115

Current and recent Little Athletes:
Dual (current LA) age 11-14 = \$70

**Optional extra: Metro shield season
(Open \$125, Junior \$100, Dual \$55)*

COACHING:

Coaching is offered to all Gippsland Athletics
Club members.

Training sessions are held on Sundays
3:00pm – 4:30pm, Newborough

Check dates on Facebook or club Website